



WARDLE FAMILY YMCA | July 2018

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2018 Outdoor Pool Hours:

Mon-Fri: 9 am - 7 pm; Sat.: 9 am- 4:30 pm; Sunday: 1:30-4:30 pm

the 

EXERCISE-A-THON

Saturday, Aug. 25 • 8am—12pm

EXERCISE YOUR HEART IN MORE WAYS THAN ONE.

Minimum fee is \$10 to participate • Donations welcome
Proceeds benefit the Y Scholarship Campaign

See Denice Fanning, Y Wellness Director, for more information

KICKBOXING * ZUMBA * HIIT * SPIN * YOGA * TABATA * AND MORE!
We will have a full schedule of classes available very soon!



2018 YMCA Summer Camp

It's been a busy and exciting summer so far at your YMCA! Hundreds of campers age 3 to 12 have been having the best summer ever - learning, experiencing new things, enjoying outdoor and indoor play, and making friends. We offer (6) sites this year not including our Summer Migrant Education Program, now finishing up its third year.

We put together a short [video slide show](#) to give you an idea of some of the activities campers have been experiencing this summer to date. The Y has once again participated in the [summer food program](#) - we will serve over 29,000 free meals here in Beaufort County and at our summer camp sites in Jasper County. We thank volunteers from the Beaufort County Disabilities and Special Needs Department for helping us with meal distribution this year!

In addition, we have partnered with the National Park Service (NPS) to provide field trips for our campers to our very own Reconstruction Era National Monument. Campers are visiting each of the sites that are part of this park unit including Darrah Hall and the Brick Baptist Church, Penn Center,

Camp Saxton on the naval hospital Base, Old Beaufort Firehouse, Tabernacle Baptist Church and Grand Army Hall. [The Island News featured this program in this July 5, 2018 issue.](#)

[See the Summer Camp Slide Show Video here.](#)
[Read more about the Summer Food Program here.](#)



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

LEARN, GROW, THRIVE!

DISCOVERY KIDS PRESCHOOL 2018-2019 Enrollment Open Now

Our fully licensed preschool program for 3- and 4-year olds includes:

- Low teacher/student ratio
- 'Creative' Curriculum
- Certified teachers
- Weekly cultural & artistic enrichment
- Affordable rates
- Financial assistance available

For more information visit beaufort-jasperymca.org or contact Jannie Cuevas, Preschool Director.



Are you age 70½ or better, and have an individual retirement account (IRA)?

In December 2015, legislation was passed for those over age 70½ who are required to take a Required Minimum Distribution (RMD) from your IRA, that this RMD may be transferred directly to a "qualified" charity (such as the YMCA) and excluded from income.

For some of our members of the YMCA this could be a huge benefit to avoid the additional income of an RMD, as well as a way to provide the YMCA with a donation. Although you cannot claim the deduction, you will be reducing your taxable income.

If you have any questions please contact Michael Bostwick at the Y: 843-522-9622 or m.bostwick@beaufort-jasperymca.org. YMCA disclaimer: We do not hold ourselves out to be tax professionals and suggest you consult your tax advisor!

CHILDCARE:



Discovery Kids Preschool:

Our Certified Preschool is accepting applications for the 2018-2019 school year. [CLICK HERE](#) to learn more. Please

WELLNESS:



Y Health & Wellness

CHECK OUT OUR JULY CLASSES!

[July Class Schedule](#)

contact Jannie Cuevas, Preschool Director:
j.cuevas@wardlefamilyymca.org or call
 843.522.9622

After School Program 2018:

Our program highlights a structured, safe environment offering homework assistance and peer-led tutoring. There are affordable monthly rates and financial aid available to those that qualify. The YMCA after school programs accept youth age Preschool through 8th grade. 2018-2019 registration for our Afterschool Program will be available at the end of July 2018.

SPORTS:



Sports Registrations

Youth Flag Football: (ages 4-12)
 Registration open now thru Aug. 22
 \$55 Y member/\$70 non-member.

Gymnastics: (ages 5-12). Registration will be
 Aug. 1 - Sept. 7, 2018. Class begins week of
 Sept. 10. Monthly fee \$55/Y member \$65
 Non-member

Adult Sports in 2018:

Adult Soccer (age 18+): Registration open now
 thru Aug. 20, 2018. Games are
 Sept. 9-Nov. 5, 2018. \$45 Y member/\$55
 Non-member

Questions regarding sports? Email
 Mike Woods, sports director:
m.woods@wardlefamilyymca.org

EXERCISE-A-THON IS AUG. 25th! 8 am - 12 pm

We will have exact class schedule available very soon. Please remember to reserve your spin bike prior to Aug. 25.

Exercise-a-thon is a fundraiser for the Annual YMCA Scholarship Campaign. Minimum donation is \$10 per person and donations are welcome!

For questions regarding fitness classes and programs please contact Denice Davis Fanning, Wellness Director:
d.fanning@wardlefamilyymca.org

AQUATICS:



Outdoor Pool Hours:

Mon-Fri: 9 am - 7 pm
 Sat.: 9 am- 4:30 pm
 Sunday: 1:30-4:30 pm

Swim Team:

For more info about swim team contact Lou Bergen, Aquatics Director and check out the swim team page on our web site: beaufort-jasperymca.org/aquatics/swim-team/

Swim Lessons:

Have your child prepared and safe with lessons @ the Y in our heated pool. Group lessons are twice a week for 4 weeks and are parent child (age 6 month - 3 years; 3-5-year-olds; 5-12-year-olds and adults). We also offer private lessons and advanced lessons for those want to perfect their technique.

**KEEPING
 KIDS SAFE
 AROUND
 WATER**

2 
 CHILDREN DIE EACH DAY
 FROM DROWNING

60%
 OF YOUTH DROWNING
 INCIDENTS OCCUR
 WITHIN 10 FT OF SAFETY

88%
 OF CHILDREN WHO DROWN
 ARE UNDER SOME FORM
 OF SUPERVISION

Source: SafeKids.org/sites

[CLICK HERE](#) to learn more and download the swim lesson registration form.

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YMCA of Beaufort
County.**

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Thank you Lowcountry Insurance Services, Inc. for supporting Y programs through a President's Circle Community Builder Sponsorship!



LOWCOUNTRY
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If your business would like to support Y programs by being a Community Builder, please contact [Mike Woods](#) for sports, [Lou Bergen](#) for aquatics, or [Betsy Hinderliter](#) for general inquiries. Thanks!

CPR Class: We offer CPR classes for Y members and the community in general on Saturdays from 8 am-12:00 pm on the remaining dates in 2018: Aug. 18, Sept. 8 and Oct. 13. Cost is \$30 for this YMCA certified course and those interested need to register at the Y as space is limited and filled on a first come, first serve basis.

Masters Swimming: Beaufort Masters meet here at the Y Mon., Wed. & Fri. mornings from 6-7 am.

If you have any questions or comments regarding swim lessons, swim clinic, masters swim, CPR training, swim team or the Y pools please contact Lou Bergen, Aquatics Director: l.bergen@wardlefamilymca.org



WARDLE FAMILY YMCA
1801 Richmond Ave., Port Royal, SC 29935 | 843.522.9622
beaufort-jasperymca.org

Beaufort-Jasper YMCA of the Lowcountry, 1801 Richmond Ave., Beaufort, SC 29935

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