



WARDLE FAMILY YMCA | January 2018

THIS SATURDAY! THIS SATURDAY! THIS SATURDAY!

Golf Cart Raffle
\$25 ticket or 5 for \$100

Beaufort
BEACH BALL
Fundraiser & Auction

Presented by **Bank of America**
Merrill Lynch

Saturday, January 19, 2019 • 6 – 11 pm
Walsh Palmetto Room @ St. Peter's Catholic Church

Tickets: \$65 each/2 for \$120 • \$75 each at the door Purchase at the YMCA
or online: beaufort-jasperymca.org

with **Deas Guyz**

Silent Auction • Heavy Hors d'oeuvres • Lively Libations

Warm up your January with a night at the beach
to benefit the Wardle Family YMCA
Capital Campaign!

Silent Auction is now open:

charityauctionstoday.com/auctions/beaufort-beach-ball-6420

We encourage everyone to register for the auction prior to the Beaufort Beach Ball Fundraiser. The auction is online (and only online) so you can start bidding now! Auction ends at 9:30 pm on Sat., Jan. 19.

If you are a winner you can get your item(s) at the Beach Beach Ball on Saturday OR at the YMCA starting on Monday, Jan. 21 at 12 noon. You will be required to identify yourself as the winning bidder.

SAVE THE DATE!

YMCA ANNUAL MEETING

Thursday, February 28, 2019 @ the YMCA in Port Royal
More information will be available soon.



WORK OUT ON THE WATER WITH FLUID FITNESS!

Fluid Fitness is a total body workout on the water!

Classes are offered on Tuesday 10:30am,
Thursday 6:30pm and Saturday 10 am.

Small group classes. Y member cost is:
\$20/ class or \$180 for a 10 class punch pass.



If you have any questions please contact Denice Fanning, Healthy Living Program Director

Congratulations 2018 100-Mile Swim Club!



Pictured left to right front row: Aquatics Director Lou Bergen, Sally Moona, Robert Smalls, Clyde Johnson, Butch Johnson, Briana Johnson, Fred Kuhn. Back row: Libby Anderson, Paul Nurnberg, Mariah Robinson, Audrey Novick, Tanner Johnson.

We had 23 Y members celebrate swimming 100 miles plus in 2018 at the Wardle Family YMCA!

Gregory Michels surpassed 100 miles by swimming 236.79 miles. Way to go Gregory! Congrats to all the 100-milers! [CLICK HERE](#) to visit our website with all winners and their times.

NOW it is time to restart for 2019! 100-Mile Swim Club registration is open so register at the Y front desk or [online here \(click Aquatics\)](#).

Have questions about 100-mile swim club? See [Lou Bergen, Y Aquatics Director.](#)

FOR THE LOVE OF THE GAME

Pickleball



FREE FOR MEMBERS!

Non-members \$5/visit or purchase a monthly non-member Pickleball pass for \$50.

11am-2pm: Monday, Wednesday, & Thursday in the Y gymnasium.



TAKE THE PLUNGE! PUPPY PLUNGE

**THIRD SATURDAY OF EVERY
MONTH THRU MARCH**

9 AM - 11 AM \$10 PER PUP



NEXT PUPPY PLUNGE IS THIS SATURDAY, JAN. 19!

CHILDCARE:



Discovery Kids Preschool:

Our Certified Preschool is still accepting applications for the balance of the 2019 school year. **CLICK HERE** to review details. If you have questions please email Jannie Cuevas, Early Childhood Director: janniecymca@gmail.com

WELLNESS:



Y Health & Wellness

CHECK OUT OUR JANUARY CLASSES!

[January Class Schedule](#)

It's a New Year! Let us Help You on a Path to Better Health!

The cutest elves disguised as Christmas trees visited our neighbors at Sprenger Health Care spreading holiday cheer with song and smiles last month! Y Discovery Preschool Owl & Caterpillar classes - Great Work!



Day Camp on Monday, Jan. 21:

We will offer a day camp from 7 am - 6 pm for kids age 3 and up on Martin Luther King, Jr. holiday. There will be arts and crafts, swimming, gym games and fun for your child. Please pack them a cold lunch and bring a swim suit. Drop-in Y member \$25/child
Drop-in non-Member \$30/child
Please register at the Y front desk.

SPORTS:



SPORTS REGISTRATIONS

Youth Outdoor Soccer (ages 3 -12) Registration opens Jan. 25 Play begins March 11 and goes through May 3.
\$55 Y member & \$ 70 non-member.

Youth Gymnastics
(ages 5-12). Registration Feb. 4 - March 1. Classes begin March 4. March 4. Cost is \$55/youth per month Y member & \$ 65/youth per month non-member.

Adult Sports in 2019:

Adult Volleyball (age 16+):Registration opens Jan. 25 through Feb. 28, 2019. Games are March 7 - April 25. \$45 Y member & \$55 non-member.



YMCA **personal training** can keep you on track during this hectic and yes, tempting time of year. Learn more on our website, or speak with **Denice Fanning**, Healthy Living Program Director.

CHECK OUT WHAT'S COMING TO The Y IN 2019!

Tilton Fitness | MX4 Promo

JOIN US FOR THE DAILY MILE!

Mon-Fri. @8:45 am - meet in the Y lobby. Join the fun exercising with our group - run, jog, speed walk or walk a mile. PLUS reach 50 miles and receive a special surprise! Register at the Y front desk. Questions? See Denice Fanning.

For questions regarding fitness classes and programs please contact Denice Davis Fanning, Healthy Living Program Director:
d.fanning@wardfamilyymca.org

AQUATICS:



AQUATICS

More information regarding swim team can be found by **clicking here**. Questions regarding the swim team should be directed to Lou Bergen: l.bergen@wardfamilyymca.org

Water Aerobics:

Deep water aerobics is a great way to get in your cardio! Participants use a buoyancy belt, noodles and weights to get a great workout. Join us at the pool 5:30 pm Tues & 9 am Saturday. We also offer a combo shallow/deep water class: 8:45 am Mon/Wed/Fri and 8 am Thursday. Join us and get MORE SPLASH!

Swim Lessons:

Have your child prepared and safe for spring and summer swim season with lessons @ the Y in our heated pool.

Questions regarding sports? Email
Mike Woods, sports director:
d.woods@wardlefamilyymca.org

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County.**

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[Go to smile.amazon.com](https://smile.amazon.com)

amazonsmile

CLICK HERE to learn more and download the
swim lesson registration form.

Masters Swimming:

Masters Swim meets here at the Y Mon., Wed.
& Fri. mornings from 6-7 am. If you have
questions please email:

l.bergen@wardlefamilyymca.org

If you have any questions or comments
regarding the pools please contact Lou
Bergen: **l.bergen@wardlefamilyymca.org**



WARDLE FAMILY YMCA

1801 Richmond Ave., Port Royal, SC 29935 | 843.522.9622

beaufort-jasperymca.org

Beaufort-Jasper YMCA of the Lowcountry, 1801 Richmond Ave., Beaufort, SC 29935

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