



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL RULES

Pool rules mandated by DHEC and the Wardle Family YMCA



Obey the lifeguard at all times.

• ALL swimmers must shower using warm water before entering the pool, sauna, steam room or spa.



• WALK while on the pool deck. No running, diving, flips, jumping in backwards, spinning or horseplay permitted on pool deck or locker rooms.

• No glass, food, gum, or tobacco products allowed on the pool deck.



• Only Coast Guard approved personal flotation devices (PFDs) allowed.



POOL CLOSURES

YMCA staff may close the pools at any time for safety reasons, including but not limited to:

Chemical Imbalance
Mechanical Issue
Water Clarity
Pool Contamination
Natural Dangers

The YMCA requires immediate closure of all pools in the event that lightning is within 10 miles or visible, or thunder is audible. All pools remain closed until 30 minutes past the last visible lightning strike or clap of thunder.

BE SAFE. JUMP IN. HAVE FUN!

- All swimmers must shower before entering the pool, spa, sauna, or steam room.
- The whirlpool, sauna, and steam room are only for patrons 18 years of age and older.
- Anyone under the age of 18 must either take the swim test or wear a lifejacket.
- Blown up floatation devices, such as rings or arm floaties are NOT allowed.
- Non-swimmers do not have to wear a life vest while actively being taught to swim or infants in the arms of an adult.
- The parent/guardian of a child under the age of 7 who has passed the swim test must remain in the pool area (not necessarily in the pool).
- The parent/guardian of a child age 7 or older who has passed the swim test may leave his/her child alone in the pool area, but must remain in the Y facility.
- No spitting, spouting water from the mouth, blowing the nose into the pools, pool deck, sauna, spa, & steam room (and similar behavior).
- Extended breath holding, and hyperventilation is strictly prohibited. Kids can look around at the bottom of the pool as long as they are moving. NO BREATH HOLDING CONTESTS.
- Do not enter the pool if you have or suspect you have a communicable disease or an open cut or blister.
- Proper swim attire that is family appropriate and clean only.
- If you have had diarrhea in the past 2 weeks do not use the pool.
- Children in diapers or newly potty-trained children age 3 and under MUST wear a swim diaper. Do not change diapers poolside, use a family bathroom.
- Children should be encouraged to use the restroom before entering the water. If an incident with a patron (medical or otherwise) occurs, notify the lifeguard and/or the Aquatics Director.
- Swimmers must jump in feet first: No flips, twists, or diving. Diving is only allowed during swim team practice and swim lessons.
- Children are advised not to hold onto each other while jumping.
- No pushing or pulling (on lifejacket or otherwise); No holding others under the water; No climbing on top of others; Parents are not allowed to throw their children or place them on their shoulders. Do not engage in rough play.
- Swimmers must stay away from the divider wall in the outdoor pool.
- No climbing on the multi-colored water pumps in the outdoor pool.
- YMCA equipment (pool noodles, water weights, weight balls, etc.) are only for members age 18 and older, swim lessons participants, and swim team practices.
- No throwing the equipment, especially the weight balls.
- Flippers and kickboards are for lap swimmers and lessons/parent teaching child only.
- Swim tests are given by the head lifeguards or Aquatics Director.
- Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering the water.
- Lap lanes must be shared by members. Lifeguards may suggest alternative lanes and swim areas to accommodate as many swimmers as possible.
- No animals, except for service animals, shall be allowed in the swimming pool, wading pool, hot tub, or spa area, dressing rooms, or other parts of the pool enclosure.
- Lifeguards are not allowed to hold long conversations while in the chair.
- Lifeguard on duty reserves the right to clear the pool for safety checks, including water and chemical checks.